

## Senior Inter County - Hemel Hempstead, 17 July 2011 - Women

Let	Name	County	Perf
		w/s	1.6
1 M	SHEREEN CHARLES	Middx	12.25
2 S	TWINELLE HOPESON	Surrey	12.45
3 X	KIM BAPTISTE	Sussex	12.53
4 K	GRACE SHEPPARD	Kent	12.79
5 G	HAYLEY-JANE CONE	Herts	12.82
6 E	BETHANIE MOORE	Essex	12.90
7 H	SAM VAILE	Hants	13.20
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Let	Name	County	Perf
		w/s	-0.4
1 SS	AZARIA FRANCIS	Surrey	12.43
2 EE	HEIDI NICHOLAS	Essex	12.93
3 GG	LAUREN THOMPSON	Herts	13.01
4 KK	SAMANTHA BECKETT	Kent	13.16
5 MM	NICKY FAMODUN	DQ	
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200 Metres A	w/s	-0.8	
1 M	SHEREEN CHARLES	Middx	24.77
2 S	TWINELLE HOPESON	Surrey	25.12
3 X	CARLEY WENHAM	Sussex	25.29
4 G	LUCY SPRAY	Herts	26.30
5 E	BETHANIE MOORE	Essex	26.68
6 K	SAMANTHA BECKETT	Kent	26.70
7 H	SAM VAILE	Hants	27.13
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200 Metres B	w/s	0.2	
1 XX	KIM BAPTISTE	Sussex	25.00
2 SS	AZARIA FRANCES	Surrey	25.87
3 MM	NICKY FAMODUN	Middx	26.26
4 GG	HAYLEY-JANE CONE	Herts	26.50
5 EE	HEIDI NICHOLAS	Essex	26.59
6 KK	HATSHEPSUT JAMES	Kent	26.95
7 HH	CLAIRE NETLEY	Hants	28.60
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400 Metres A			
1 K	KATE LAIDLAW	Kent	56.59
2 X	KERRI-ANNE BODY	Sussex	56.97
3 E	HEATHER SHEPPARD	Essex	57.51
4 SS	JESSIE KNIGHT	Surrey	57.78
5 O	TARA KAFKE	Oxon	57.93
6 G	DEBORAH WILLIS	Herts	60.04
7 M	HAYLEY COMER	Middx	64.26
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400 Metres B			
1 EE	AMY MCDONALD	Essex	61.23
2 GG	SANDRA REED	Herts	63.90
3 MM	MAUREEN NOEL	Middx	76.67
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800 Metres A			
1 E	SAM REDGRAVE	Essex	2.13.43
2 M	REBECCA JOHNSON	Middx	2.17.20
3 H	CLAIRE KIELY	Hants	2.18.39
4 GG	SIAN HARRY	Herts	2.19.04
5 S	FIONA PARRY	Surrey	2.21.71
6 K	CAROLINE FORD	Kent	2.24.23
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800 Metres B			
1 EE	STACEY WHEAT	Essex	2.20.40
2 G	NIKKI SILVA	Herts	2.21.05
3 MM	NIKKI SHELLEY	Middx	2.32.16
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1500 Metres A			
1 H	CERI MITCHELL	Hants	4.28.91
2 S	LILY PARTRIDGE	Surrey	4.33.30
3 G	ELIZABETH BIRD	Herts	4.35.26
4 M	EMMA GRANT	Middx	4.35.44
5 E	NICOLA GOODE	Essex	4.48.94
6 KK	RONA LOUBSER	Kent	4.53.86
7 X	FIONA CLARK	Sussex	5.02.74
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1500 Metres B			
1 SS	ROSIE CLARK	Surrey	4.34.24
2 HH	AIYA ABE	Hants	4.41.62
3 MM	ASHLEE MCGUIGAN	Middx	4.47.62
4 EE	ELEANOR BOUNDS	Essex	4.56.89
5 GG	HANNAH DEWHURST	Herts	5.08.86
6 K	HELENA PENFOLD	Kent	5.16.90
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3000 Metres A			
1 M	KATIE GOOD	Middx	9.52.90
2 E	SVENJA ABEL	Essex	10.04.63
3 X	FIONA CLARK	Sussex	10.17.32
4 K	RONA LOUBSER	Kent	10.23.88
5 H	NICOLA BLANDFORD	Hants	10.34.24
6 G	VICTORIA WALKER	Herts	10.56.54
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3000 Metres B			
1 MM	LISA DA SILVA	Middx	10.20.59
2 KK	HELENA PENFOLD	Kent	10.30.87
3 HH	CLAIRE THORNE	Hants	10.48.25
4 GG	NATALIE WICKINGS	Herts	11.48.56
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**100m Hurdles A**

		w/s	-3.6	
1	K	GABRIELLA ADE-ONOTORI	Kent	14.73
2	G	EMILY STEVENS	Herts	15.03
3	X	REBECCA JENNINGS	Sussex	15.59
4	H	KATIA LANNON	Hants	15.66
5	M	MELANIE CANNING	Middx	15.72
6	S	JESS MC CABE	Surrey	15.77
7	O	STACEY HAZELL	Oxon	19.25
8	E	GEORGIA ATKINS	Essex	24.93

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**100m Hurdles B**

		w/s	-2.7	
1	GG	LAUREN THOMPSON	Herts	15.18
2	XX	AMY BARCLAY	Sussex	15.42
3	SS	JASMIN DOTZEX	Surrey	15.58
4	KK	CAROLINE HATLEY	Kent	16.05
5	EE	CHLOE VAN WULVEN	Essex	16.11
6	HH	JESS SHUTTLEWORTH	Hants	16.44
7	MM	REBEKAH WILTSHIRE	Middx	16.59
8	OO	ROSIE KINGSTON	Oxon	17.45

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**400m Hurdles A**

1	K	SAMANTHA BROWN	Kent	62.44
2	S	SUSIE MCLOUGHLIN	Surrey	62.62
3	H	KATIA LANNON	Hants	62.89
4	G	EMILY STEVENS	Herts	65.25
5	E	HOLLY PATTIE-BELLELI	Essex	65.94
6	M	MICHELLE THOMAS	DNF	
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**400m Hurdles B**

1	GG	LUCY SPRAY	Herts	64.55
2	EE	LOUISE DOUGLAS	Essex	65.80
3	KK	HATSHEPSUT JAMES	Kent	68.74
4	MM	HAYLEY COMER	Middx	70.08
5	HH	CLAIRE NETLEY	Hants	72.34
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**3000m Steeplechase A**

1	MM	LISA DA SILVA	Middx	11.36.01
2	E	VICKY SMITH	Essex	11.56.77
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**3000m Steeplechase B**

1	M	JOANNA MOBED	Middx	12.34.17
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**3000m Walk A**

1	M	SUSAN MILES	Middx	16.24.42
2	E	FRANCOISE FERNANDEZ	Essex	20.39.50
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**3000m Walk B**

1	MM	MAUREEN NOEL	Middx	18.14.90
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**4x100 Relay**

1	S		Surrey	48.45
2	X		Sussex	48.79
3	K		Kent	49.57
4	G		Herts	50.06
5	E		Essex	50.08
6	O		Oxon	51.77
7	M		DNF	
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**4x400 Relay**

1	S		Surrey	3.57.42
2	G		Herts	4.05.91
3	E		Essex	4.07.97
4	M		Middx	4.37.33
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